The Family Reconnect Program Logic Model is a tool that provides a visual representation of the program's activities and expected outcomes.

**LOGIC MODEL**

The Family Reconnect Program Counsellor meets with the youth or family, to provide individual or family counselling. Client(s) are generally seen weekly, but sessions can occur more often if needed. Sessions can occur in our office or in the community. Service typically addresses six areas.

<table>
<thead>
<tr>
<th>PROGRAM COMPONENTS</th>
<th>INTERVENTION STRATEGIES</th>
<th>RISK AND PROTECTIVE FACTORS</th>
<th>SHORT TERM OUTCOMES</th>
<th>LONG TERM OUTCOMES</th>
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**COMPONENTS**

**INTRODUCTION**

Each area of service includes a variety of intervention strategies. Listed below is a sample of possible strategies. Interventions are selected based on thorough assessment of family member's needs and developmental levels.

**RISK AND PROTECTIVE FACTORS**

**RISK FACTORS**

- Family
- Enriched interactional patterns
- High family conflict
- Low social support
- Hopelessness
- Limited parenting skills
- Unclear boundaries and expectations
- Mental health struggles
- Addictions/substance use

**PROTECTIVE FACTORS**

- Youth
- Strengthen family relationships
- Underdeveloped coping and life skills
- Low social support
- Unhealthy peer relationships
- Peer pressure/rejection
- Mental health struggles
- Addictions/substance use

**SHORT TERM OUTCOMES**

- Outcomes for the youth and/or family immediately following the completion of services with the Family Reconnect Program.

**LONG TERM OUTCOMES**

- Outcomes for the youth and/or family in the three months following completion of services with the Family Reconnect Program.

**COMPONENTS**

- 1. Engagement
  - Systemic assessment of family history, developmental history, relationships and interactions
  - Family, youth and counsellor identify and set goals
  - Integrative use of family and individual counselling approaches
  - Address interactional patterns that maintain the presenting problem
  - Techniques to increase communication, parenting, social and problem solving skills
  - “Homework” assignments
  - Family reunification (may include support to pay for transportation, overnight visits, meetings in the community)
  - Connect with appropriate supports (both natural and formal)
  - Refer youth and families to community resources
  - Support connecting to services (accompaniment, advocacy, etc.)
  - Develop plans and skills to overcome future “setbacks”
  - Remind and support to use newly developed skill set

- 2. Motivation
  - Response to initial barriers e.g. transportation, location, reluctance or confusion
  - Establish understanding of purpose of counselling
  - Develop therapeutic relationship
  - Systemic assessment of family history, developmental history, relationships and interactions
  - Family, youth and counsellor identify and set goals
  - Integrative use of family and individual counselling approaches
  - Address interactional patterns that maintain the presenting problem
  - Techniques to increase communication, parenting, social and problem solving skills
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  - Remind and support to use newly developed skill set

- 3. Assessment and Social Development
  - Risk factors increase the likelihood of negative outcomes. Protective factors exert a positive influence and buffer against negative outcomes. The Family Reconnect Program focuses on interfamilial and youth-risk and protective factors.

- 4. Goal Oriented Change
  - Risk factors increase the likelihood of negative outcomes. Protective factors exert a positive influence and buffer against negative outcomes. The Family Reconnect Program focuses on interfamilial and youth-risk and protective factors.

- 5. Community Involvement
  - Risk factors increase the likelihood of negative outcomes. Protective factors exert a positive influence and buffer against negative outcomes. The Family Reconnect Program focuses on interfamilial and youth-risk and protective factors.

- 6. Maintenance
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